

***Amended Programme ***

Due an increase in the numbers of Covid infections rates, all Workshops will be held <u>Online (via Zoom).</u>

Thank you for your understanding!

MiKK Ongoing Training 2020

Featuring:

- Three Individual ONLINE Workshops: 6th, 7th and 8th Nov 2020
 - **ONLINE Supervision: 9th November 2020**

ABOUT THIS TRAINING

The MiKK Ongoing Training is aimed at international mediators and dispute resolution practitioners, lawyers, judges and guardians ad litem with an interest in intercultural, cross-border mediation who wish to deepen their knowledge and/or acquire new skills in this field. The may Ongoing Training may also be of interest to participants from other related disciplines. *For details please see below.*

For MiKK mediators, each of the three workshops (and the supervision session) counts as 6 credit points towards their ongoing training requirement.

Participants may register for any number of workshop and will receive a **discount** if registering for all three workshops.

All Workshops will be held **Online via Zoom**. You will receive a Zoom link shortly after registration.

ONLINE Workshop 1: Friday, 6th Nov 2020
Online Mediation in International Family Disputes

Dr. Eva Schwittek, Mediator, notary and attorney at RITTERSHAUS Rechtsanwälte

Christian von Baumbach, Mediator and communication consultant, specialized in Intercultural Mediation

- ONLINE Workshop 2: Saturday, 7th Nov 2020
 Understanding Parental Alienation: Learning to cope, helping to heal
 Karen Woodall, Trans-Generational psychotherapist, lead therapist Family Separation Clinic
 Nick Woodall, family separation and reunification practitioner, parental alienation specialist
- ONLINE Workshop 3: Sunday, 8th Nov 2020
 Intercultural Mediation The Tension Between Individualist and Collectivist Value Orientations.
 Söhret Gök, Cross-Border Mediator, Trainer, Lawyer
- ONLINE Supervision: Monday, 9th Nov 2020 Catharina Laverty, Mediator, Supervisor (DGSv), Coach, MiKK e.V.

Participants joining all three training seminars will receive a reduction of the course fee

MiKK Members: 320 € MiKK Non-Members: 370 €





ONLINE WS1: Friday, 6th November 2020,

Time: 10am to 4pm (CET)

Online Mediation in International Family Disputes

with Dr. Eva Schwittek and Christian von Baumbach

Workshop Description

In international family disputes the conflicting parties are often separated by large geographic distances. Travel costs, accommodation expenses, lack of time or other circumstances makes a face-to-face mediation more costly, difficult or sometimes impossible to accommodate for parents. In addition, international travel is presently greatly restricted due to the current COVID crisis. In such cases online mediation can be a suitable alternative or at least a good way to get the mediation process started.

This format of mediation allows mediators to rely on their knowledge and expertise of course, but there are a number of things to consider, such as technical aspects or the impact of the online setting on communication or on important principles like confidentiality or impartiality. In this interactive training mediators will gain knowledge and practical skills that will help them to mediate effectively online. The workshop will feature presentations, discussions and interactive exercises concerning the following aspects of online mediation:

- Technical aspects
- Chances and challenges of online mediation
- Implications of the online setting for the principles of mediation
- Verbal and nonverbal communication
- Visualization

In the afternoon you will get the chance to train your skills in an online Roleplay.

<u>Please note:</u> This workshop will in some parts repeat the contents of the MiKK Online Trainings "Introduction to Online Mediation" conducted in March/April of this year.

The Trainers:

Over the last two years Eva and Christian have gained experience with online mediation due to their involvement in MiKK's German-Japanese mediation project and their practice in international family mediations. In April 2020 they have conducted three successful webinars on "Introduction to Online Mediation" for MiKK members, and in May 2020 for the Heidelberg Institute for Mediation (Heidelberger Institut für Mediation).



Dr. Eva Schwittek



is a mediator, notary and attorney at RITTERSHAUS Rechtsanwälte in Frankfurt/Main. She is a Cross-border Family Mediator and has led CBFM workshops for MiKK at the University of Osaka together with Christian von Baumbach. She has lived in Japan, the USA and Pakistan. She wrote her comparative law doctoral thesis on Japanese law at the Max Planck Institute for Foreign and International Private Law. In the mediator group at RITTERSHAUS, she has gained extensive mediation experience with family businesses, in succession processes and international conflicts involving parents and children.

Christian von Baumbach



is a mediator and communication consultant, specialized in Intercultural Mediation and Cross-Border Family Mediation. He has conducted various CBFM trainings and workshops for MiKK in Berlin, Vilnius and at the University of Osaka. Christian is also a lecturer for mediation and intercultural communication at the HAW Hamburg and the Euro-FH. Christian studied Japanese regional studies in Bonn and worked for six years in Japan as a translator and employee in a large Japanese company. As second chairman of MiKK, he is particularly interested in the German-Japanese mediation project and in international networking.

Registration fee:

MiKK Members: 120 €

Non-MiKK Members: 140 €

Workshop Location:

This is an ONLINE Workshop (Zoom)

Timings (Central European Time, CET):

10am-12.30pm Block 1 12.30-13.30 Lunchbreak 13.30-16.00pm Block 2



ONLINE WS2: Saturday, 7th November 2020

Time: 11am to 4pm (CET)

Understanding Parental Alienation: learning to cope, helping to heal

with Karen Woodall and Nick Woodall

Workshop Description

Parental alienation is still a controversial label for a behavioural response in children of divorce and separation. Shifting understanding of what is happening to a child who rejects a parent outright after family separation from the idea of brainwashing to the concept of focus upon the child's use of a defence mechanism in an impossible situation, this workshop equips Family Mediators to understand the child's presentation in the midst of confusion and controversy.

Parental alienation can be used as an allegation in order to further patterns of coercive control behaviour and the risk to parents and children where this is happening is as high as the actual reality of alienation where it has occurred.

Family Mediators are on the front line of triage work with families where alienation is alleged and as such must have a high level of understanding of how these cases present in the mediation room. Enabling alienation to be used as a false allegation is a risk to the child and family facing them and missing alienation when it is occurring means that the child is entrenched in the dynamic.

This workshop will examine the concept of induced psychological splitting as a way of reformulating an understanding of what happens when a child rejects a parent. Drawing upon psychoanalytical theory, the concept of splitting is examined as the basis for a new approach to understanding and treating the alienated child using a wide range of existing therapies which are adapted to fit the needs of this group of families. Treatment routes which include trauma informed practice with families are introduced and the concept of trans-generational trauma transmission is examined as a central tenet to understanding the reaction of the alienated child. Working with the concepts of short term intensive psychotherapy, interventions which swiftly resolve the psychologically split state of mind in the child are explored.

Using therapeutic parenting concepts of empathic curiosity alongside use of differentiation tools, Family Mediators are enabled to perform a first stage assessment to determine the validity of claims and enable safe signposting to specialist help.

Karen Woodall



Karen Woodall is the lead therapist at the Family Separation Clinic and is a specialist in working with divorce and separation and its impact on children. She is a psychotherapist with over twenty years of experience in working with parents and children affected by family separation. Karen is an internationally recognised expert on children's post separation rejecting behaviours and the phenomenon of the alienated child. She is also an author and blogger and writes for the Huffington Post on issues that affect the family. She is currently studying for a PhD. She is the co-author of Understanding Parental Alienation: Learning to Cope, Helping to Heal (Charles C Thomas 2017) and The Guide for Separated Parents (Piatkus 2007) and with her colleague, Nick Woodall.



Nick Woodall



Nick is the managing partner at the Family Separation Clinic. He holds a Masters degree in psychodynamic psychotherapy from the University of London and is also a therapeutic mediator, accredited by the School of Psychotherapy & Counselling Psychology, Regents University. He has worked with families experiencing divorce or separation since 1999 and co-founded the Family Separation Clinic in 2010, having previously worked at the Centre for Separated Families. Nick is an expert witness in the United Kingdom family courts. A former BBC Online parenting expert, he has worked extensively on family policy, developing new services for the UK government. Nick has written widely on family separation and divorce and is the co-author of Understanding Parental Alienation: Learning to Cope, Helping to Heal (Charles C Thomas 2017) and The Guide for Separated Parents (Piatkus 2007) with his colleague, Karen Woodall.

Workshop Location:

This is an ONLINE Workshop (Zoom)

Registration fee:

MiKK Members: 120€ Non-MiKK Members: 140 €

Timings (Central European Time, CET):

11am-13pm Block 1 13pm-14pm Lunchbreak 14pm-16pm Block 2

A **discount applies** for registering for all three workshops.



ONLINE WS3: Sunday, 8th November 2020, Time: 10am to 4pm (CET)

Intercultural Mediation – The Tension Between Individualist and Collectivist Value Orientations.

with Şöhret Gök

Workshop Description

In bi-cultural families different perspectives of the role of the family and society can lead to different personal choices as well as diverging parenting styles. Expectations, values and internal rules may not always be clearly defined or consciously expressed, but if perceived to have been transgressed or ignored, this may have a significant impact and may lead to conflict between parents. This is particularly relevant in families where parents subscribe to different cultural norms and values, such as for example, individualistic vs collectivistic value orientations. Collectivist cultures emphasize group focus over individual self-determined decisions, whereas autonomy and self-determination are characteristic for individualistic cultures. While all people manifest both individualist and collectivist traits in varying degrees and can embrace both — as is often the case with bi-cultural individuals — or favor one over the other depending on the context, as well as the given systemic (i.e. the wider family) factors.

These value orientations may also influence the mediation process. The more we recognize and understand the systemic structures of collectivist value orientations – which are often culturally conditioned – the better we can take them into account while mediating. In the context of mediation, especially non-verbalized taboos can play an important role.

In this workshop we will take a close look at different cultural orientations, to try and understand their potential effects and explore possibilities for handling these in mediation.

This workshop will

- Introduce the best known theories of renowned cultural scientists and look at different cultural orientations.
- Use self-reflective exercises to help uncover and understand one's own value orientation, as well as those of others and consider their significance for the mediation process
- Use case studies to give participants the opportunity to practice handling intercultural mediations and introduce possible strategies for these.
- Introduce examples of real intercultural mediation cases in order to help participants develop different ways of dealing with such cases in their own mediation practice.



Şöhret Gök



Şöhret is an intercultural trainer, international mediator and lawyer. She has German and Turkish roots, grew up in the Rhineland area and studied law in Saarbrücken, Cologne and Istanbul. In 2003, she co-founded a legal practice in Cologne, where she practices as self-employed lawyer and became certified as a mediator by the Bundesverband Mediation BM e.V. in 2014.

Şöhret has lectured at different universities in Germany on a variety of topics, such as intercultural communication, conflict resolution and law. She regularly conducts trainings on intercultural literacy, conflict management and professional communication for companies, organizations, such as the German Police as well for freelance professionals. Şöhret also trains prospective mediators in Germany and Turkey. She has further led several

"Commercial Mediator" trainings at the IHK Köln.

Şöhret trained in Cross Border Family Mediation (CBFM) with MiKK e.V. and conducts mediations in German, Turkish and English. As a mediator (BM®), Şöhret Gök offers intercultural and family mediation as well as commercial and organizational mediation. Her mediation experience includes working with two-party conflicts, e.g. in corporate management, employer and employee, workers'council, etc., as well as conflicts, team conflicts and mediations in large groups, e.g. in orchestras.

Şöhret lived and worked in Turkey for two years. The experiences gained there she incorporates into her seminars on intercultural competency and conflict resolution. She is also interested in the legal and social enforcement of mediation in Germany and Turkey, and published several papers during a fellowship in the LOEWE Research Focus'Extrajudicial and Judicial Conflict Resolution'at the Goethe-University, Frankfurt a.M.

Registration fee:

Workshop Location:

MiKK Members: 120 € Non-MiKK Members: 140 € This is an ONLINE Workshop (Zoom)

Timings (Central European Time, CET):

10am- 12.30pm Block 1 12.30pm- 13.30pm Lunchbreak 13.30pm - 16.00pm Block 2

A discount applies for registering for all three workshops.



Monday, 9th November 2020, 1pm to 4pm (Central European Time, CET):

Supervision

with Catharina Laverty

In a small group setting, participants will have the opportunity to reflect upon their work and to strengthen their own practice.



Born and bred in Berlin, Catharina Laverty moved to Belfast after finishing school to work as a volunteer in a cross-community reconciliation project and in a number of youth outreach groups. Ever since she has been hooked on the idea of furthering communication between people. Catharina worked as a translator and interpreter for English, German and Spanish for a few years. She then trained and worked as a Mediator, Supervisor and Coach to be more directly involved with people and their communicational needs. Catharina is trained as a cross-border mediator with MiKK and has undertaken cross-border mediations in both English and German. Having trained as a Supervisor has enhanced her ability to support those who support others. Catharina feels it is vital that professionals have the

opportunity to reflect upon their work and to strengthen their own practice.

Registration fee:

Workshop Location:

MiKK Members: 30.00€ This is an ONLINE Event (via Zoom)

Non-MiKK Members: 40.00€

Participants joining all Online three training seminars will receive a reduction of the course fee.

MiKK Members: 320 €

Non-MiKK Members: 370 €





Registration for the Ongoing Training Workshops & Supervision

I wish to register for the following ONLINE workshops/supervision:		
The Full Package (WS1+WS2+WS3) – a discount applies as above		
WS1: Online Mediation in International Family Disputes, 6 th Nov 2020		
WS1: Understanding Parental Alienation, 7 th Nov 2020		
WS2: Intercultural Mediation, 8 th Nov 2020		
Supervision on 9 th November 2020		
Additional Information:		
I am a MiKK Member and am therefore eligible for the reduced registration fee		
I am <u>already registered</u> for the Ongoing Training (I registered prior to this being changed to an Online event) and I wish to participate in the <u>Online</u> Ongoing Training.		
Please re-imburse the difference of Euro		
to the following account: Account Holder:		
IBAN:		
BIC:		
Bank Address:		
☐ I would like to donate the difference of Euroto MiKK		
Name and surname:		
Address:		
Postcode and city:		
Phone number:		
Institution/Authority:		
Profession:		
E-mail:		
Date: Signature:		
Please e-mail this registration form to: info@mikk-ev.de		

Please e-mail this registration form to: info@mikk-ev.de
or send by mail to: MiKK e.V., Fasanenstr. 12, 10623 Berlin, Germany
This programme may be subject to change – (Status: 26th October 2020)

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